



Blakebrook Public School Bulletin

Term 4 Week 4 - Thursday 28 October 2021

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DIARY DATES

(All dates subject to change and dependent upon any COVID-19 restrictions)

Term 4 Week 4

Friday October 29 Kinder Transition full day and Whole school 'Step Up' day

Week 5

Tuesday November 2 Year 6 BPS Cup – Obstacle course 2:45pm

Thursday November 4 Book Parade - 9:30am

Week 6

Thursday November 11 Remembrance Day ZOOM

Friday November 12 Deadline: Y6>Y7 Orientation permission note

Week 8

Tuesday November 23 Y6 > Y7 Orientation at RRHC

Y5 Captain speeches (Y5 parents can request a ZOOM

link invite from Mr Duroux)

Principal News

School planning - Tell Them From Me Survey – REMINDER closes Friday 29 October 2021

Each year our school seeks the thoughts and opinions of our parent body to inform our practice and future planning. To support this process, I respectfully ask that each family log into the survey link below to offer their anonymous feedback. You may need to cut and paste this link into your internet browser. http://nsw.tellthemfromme.com/blakebrook . Thank you to the families who have already submitted their thoughts. Students in years 4 to 6 have completed their surveys this week.

P&C NEWS

Thank you to the parents who were able to join the P&C meeting via Zoom on Monday evening. We are hopeful a number of end of year events will still run once restrictions ease. Canteen – unfortunately we had to cancel the canteen last week as we were unable to find a volunteer to run the canteen on the day. The canteen will be operational this week however if you can assist or know someone who can, please contact Vicki, our P&C President. You will need to have a valid Working with Children Check clearance and from the 8 November be double vaccinated. Thank you for considering this to help the students at our school.

2022 Kinder Transition

Our 2022 Kindergarten transition program commenced this week. It was great to see the new students as they started to interact and see what 'Big School' is all about. Our new students came to school for the morning (1/2 day) on Wednesday 27 and Thursday 28 October. They will have a full day at our school on Friday 29 October 2021. We welcome our new students and we know they will enjoy their time here.

Book Character Parade

Our annual Book Character Parade will take place on Thursday 4 November at 9:30am. The theme this year is Old Worlds – New Worlds – Other Worlds. Students are encouraged to dress up as a character from a book for the day. Sadly, no parents will be permitted onsite due to restrictions. We will take photos and post them on our website in due course. It promises to be an exciting event and we appreciate you organising your child and their costume.

Year 6 Obstacle Course Race

Each year our year 6 students take on the Obstacle Course race. This entails each student dressing up and designing some sort of 'horse' to ride around the challenging obstacle course. It commences with an eating challenge before they run around the course and through the Water Soak Zone (where some year 5 students have the opportunity to wet the participants). This exciting and memorable event will be held on Tuesday 2 November. Sadly, no parents will be permitted onsite due to restrictions.

Vaccinations for staff and visitors

To ensure a COVID-safe return to school, all NSW public school staff on-site are required to be fully vaccinated. Any contractors, volunteers or people on site who require a Working with Children Check (including parent helpers and canteen helpers) will also be required to have 2 doses of vaccination before returning to our school, from 8 November.

Student illness

If your child is showing any signs of illness, we ask that you keep them home. If your child becomes ill throughout the school day, we will contact parents or emergency contacts and organise for their collection. At all times, please continue to closely monitor for symptoms of COVID-19 and immediately get tested should you have the mildest of symptoms, which can include fever, cough, sore throat, runny nose, shortness of breath (difficulty breathing), loss of taste &/or loss of smell. Other reported symptoms include fatigue, acute blocked nose (congestion), muscle pain, joint pain, headache, diarrhoea, nausea/vomiting &/or loss of appetite.

2022 Kindergarten enrolments

We welcome enrolment enquiries for 2022 Kindergarten. If you have a child, or know of one, that would like to come to Blakebrook PS next year, please email the school for information, an Enrolment Pack and an interview with the Principal. We look forward to meeting with you.

Have a great week - Allan Duroux

CANTEEN is open tomorrow 29/10

Next week Canteen TBC

Updates will be sent through School Stream

<u>Library Reminder</u>

Please don't forget Book Parade next Thursday 4/11 at 9:30 can't wait to see all the students dressed up as their favourite book character.

Mrs Kelly

OTHER WORLDS



Once again on the day that the nation stops for a horse race – Blakebrook students and staff will be stopping to cheer on our Yr 6 students and their trusty steeds thru the Obstacle Course. We have 7 Yr 6 jockeys as our Mystery Rider is now a late scratching. The Jockeys will be doing a Jockey and Steed parade from 2:45pm. The Jockeys will then enter the nutrition zone for their pre-race snack and then onto the course. We wish them luck!

2021 Jockeys Steeds

No 1 - Dan riding Al Capony

No 2 – Mel riding Harry Trotter

No 3 - Saph riding Buck Buck Goose

No 4 – Sienna riding Buckle Up Buttercup

No 5 - Emillee riding Talk Derby to Me

No 6 – Zeva riding Where's the Beef

No 7 – Jake riding Forest Jump.

Photo – Yr 6 Jockeys Saph & Sienna in training with Buck Buck Goose and Buckle up Buttercup

2021 Blakebrook PS Obstacle Cup









Halloween artwork









Tuesday 26 October 2021

Weekly Dad Tips

Supporting your mental health and those around you

Hello Blakebrook,

This week we hear from Dr Bruce Robinson who shares his own story, tips and advice as a reminder to look after not only your own mental health, but know the signs and symptoms your mates or other people in your life, might be struggling.

Many find it difficult to speak up, so it's important to pay attention to words and actions that may indicate something isn't right.

As Bruce says, remember to "ask the second question". If someone is opening up, try avoiding to "boomerang" the conversation back to yourself.

Tips to support your mental health and wellbeing

- Deliberately identify the positives in your life. We all have our days, but try to focus on the positives and reflect this attitude to your kids and partner. Remind your mates of the positives in their life too.
- 2. Keep connected. Catch up with your mates and loved ones, and find out how they're doing. Pay attention to their words and actions.
- 3. If you are struggling, remember, you're never alone, don't try **to tough it out on your own**. Seek support from your partner, mate or mental health professional.

If you, or someone you know is struggling, there is help available

Call Lifeline on 131 114, Beyond Blue on 1300 224 636, Mens Line Australia on 1300 789 978

Dad Joke Of The Week

"What did the drummer call his twin daughters? Anna 1, Anna 2!"



Fun Virtual Activities for families with young people aged 5-16 years! Learn some great new skills! All welcome - no vaccination required!

Saturday 13 November 2021 Online Workshops

Program of events:

- 10am-11am: Pillowcase design workshop with Red Cross Australia.
- · 12pm-1pm: Build a Bee Hotel with Barbara Mills.
- 2pm-3pm: DIY Beeswax wrap with Linda from Northeast Waste.

Visit Nimbin Neighbourhood Information Centre website to book workshops: nnic.org.au

Pick up a Nimbin Disaster Resilience Showbag with heaps of great stuff & resources prior to the workshop from The Nimbin Neighbourhood Information Centre, 71 Cullen St Nimbin. T: 02 66 891 692 E: ndrg.familyfunday@gmail.com

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